

# THE 5<sup>TH</sup> ISLAMIC SOLIDARITY GAMES WOMEN & MEN



**5th Islamic Solidarity Games**  
**09-18 August 2022**  
**Konya - TURKEY**

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# HANDBOOK

## *Karate*

## Introduction

<b>Title</b>	<b>Sport Handbook-Karate</b>
<b>Headnote</b>	This document provides a summary of the requirements and technical guidelines for Karate competitions.
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## Handbook Revision Review

<b>Version</b>	<b>Date</b>	<b>Author</b>	<b>Summary Flow</b>
1.0		Turkish Karate Federation	First Draft
1.1		Sports Directorate	General comments and revisions
1.2		ISSF	General comments and revisions
1.3		International Karate Federation	Final Version

## Abbreviations and Terminology

<b>Title</b>	<b>Abbreviation</b>	<b>Notes</b>
Islamic Solidarity Sports Federation	ISSF	
Turkish Islamic Solidarity Games Organizing Committee	TISGOC	
5th Konya Islamic Solidarity Games	KONYA 2021	
National Olympic Committee	NOC	
World Karate Federation	WKF	

# **TECHNICAL RULES**

## **1. COMPETITION RULES AND REGULATIONS**

**1.1** All Karate competitions at the 5<sup>th</sup> Islamic Solidarity Games, Konya 2021 will be carried out in accordance with the Kata and Kumite Competition Rules published by the World Karate Federation (WKF) on 1 January 2020.

**1.2** World Karate Federation Organizing Rules are binding.

**1.3** For technical issues, the WKF Competition Rules are binding.

**1.4** For general issues, ISG Basic Regulations, General Rules and this Technical Handbook should be consulted.

## **2. COMPETITION MANAGEMENT**

**2.1** Competitions will be held under the authority of ISSF, by TISGOC, in accordance with the WKF Rules, and under the supervision of the Technical Committee.

**2.2** The Technical Delegate will be appointed by the WKF.

**2.3** The Turkish Karate Federation determines the National Technical Officials to be approved by The Technical Delegate.

## **3. LOCATION AND COMPETITION SCHEDULE**

**3.1** Karate competitions will take place between 17-18 August 2022. The competitions will be held at Karatay Congress and Sports Center.

**3.2** For the participating teams, a training calendar will be prepared by the Organizing Committee and distributed to these teams.

## **4. TECHNICAL MEETING**

**4.1** The technical meeting will be held on 16 August 2022, one day before the first day of the competitions.

The following people will attend the meeting:

\* WKF staff: Technical Delegate, Assistant Technical Delegate

\* Referee Chairman and Deputy Referee Chairman

\* At least one official from each country (maximum two)

\* OC Representative (competition manager or technical operations manager)

**4.2** The meeting aims the confirmation of athletes' participation, the maintenance of events, the implementation of the International Federation Rules as well as providing the necessary information about the explanations related to the provisions of The Sport Technical Regulations.

## **5. COMPETITION AND PARTICIPATION**

**5.1** Medal events: The competitions consist of 14 medal events, which are summarized below:

<b>Medal Events (14)</b>	
<b>Men (7)</b>	<b>Women (7)</b>
Individual Kata	Individual Kata
Team Kata	Team Kata
Kumite -60 kg.	Kumite -50 kg.
Kumite -67 kg.	Kumite -55 kg.
Kumite -75 kg.	Kumite -61 kg.
Kumite -84 kg.	Kumite -68 kg.
Kumite +84 kg.	Kumite +68 kg.

**5.2** Each NOC will be allowed to have a maximum of 1 (one) competitor per weight category and one (1) competitor per kata event.

**5.3** A maximum of 3 (three) athletes can compete in the team kata category.

**5.4** Athletes must hold the nationality of the country where the NOC is registered. For eligibility, only individual passports will be used as the official document of the athlete. Collective passports must not be used.

## 6. COMPETITION FORMAT

**6.1** Competitions will be carried out according to the WKF (World Karate Federation) rules.

### 6.2 Duration and Scoring

#### ***Kumite***

**6.2.1** The duration of the Men's and Women's competitions is three minutes.

**6.2.2** Participants get points according to their skills and technical movements. The valid scores in Kumite are as follows:

- \* One ("Yuko") point for a valid punch to the body;
- \* Two ("Waza-Ari") points for a valid kick to the body;
- \* Three ("Ippon") points: A valid kick to the head, three points are also awarded to a punch on the ground to an athlete who is knocked down or knocked down;
- \* Fouls are classified according to their type. Types of fouls are warning, penalty and disqualification;
- \* Warnings and penalties are given separately.

#### ***Kata***

**6.2.3** Kata is a special series of movements that consists of 20 to 70 movements, including movements such as stepping and turning, and that aims at achieving the perfect form. Kata includes blocking, kicking, punching, bending and throwing skills. It shows the defense and attack stances against the opponent. The winners of the kata competitions are determined by the points given by the referees according to their performance.

#### **Teams Kata**

**6.2.4** In team kata competitions, teams will draw their kata as usual. They will then display a BUNKAI showing the meaning of the kata. The time to be used for Kata and BUNKAI cannot exceed 5 minutes in total. The official time will begin when the team salutes at the start of the kata and will end when the BUNKAI salutes after the performance. The team that does not salute at the start and end of the performance or exceeds the five-minute time limit will be disqualified. Auxiliary equipment or additional clothing for the use of conventional weapons is not permitted.

## 7. COMPETITION SCHEDULE

**7.1** The table below is the draft competition schedule. A detailed version will be published close to the competition date.

Date	Session	Event Name	Phase / Round
17 August 2022	09:00 – 12:00	Woman Individual Kata	Elimination
		Man Team Kata	Elimination
		Women Kumite -50 kg	Elimination
		Women Kumite -55 kg	Elimination
		Men Kumite -60 kg	Elimination
		Men Kumite -67 kg	Elimination
		Women Kumite -61 kg	Elimination
		Men Kumite -75 kg	Elimination
		Women Individual Kata	Semi finals
		Men Team Kata	Semi finals
		Women Kumite -50 kg	Semi finals
		Women Kumite -55 kg	Semi finals

	13:30 – 18:00	Men Kumite -60 kg	Semi finals
		Men Kumite -67 kg	Semi finals
		Women Kumite -61 kg	Semi finals
		Men Kumite -75 kg	Semi finals
		Women Individual Kata	3th and 4th place
		Women Individual Kata	Final
		Men Team Kata	3th and 4th place
		Men Team Kata	Final
		Women Kumite -50 kg	3th and 4th place
		Women Kumite -50 kg	Final
		Women Kumite -55 kg	3th and 4th place
		Women Kumite -55 kg	Final
		Men Kumite -60 kg	3th and 4th place
		Men Kumite -60 kg	Final
		Men Kumite -67 kg	3th and 4th place
		Men Kumite -67 kg	Final
		Women Kumite -61 kg	3th and 4th place
		Women Kumite -61 kg	Final
		Men Kumite -75 kg	3th and 4th place
		Men Kumite -75 kg	Final

Date	Session	Event Name	Phase / Round
18 August 2022	09:00 – 12:00	Men Individual Kata	Elimination
		Women Team Kata	Elimination
		Women Kumite -68 kg	Elimination
		Women Kumite +68 kg	Elimination
		Men Kumite -84 kg	Elimination
		Men Kumite +84 kg	Elimination
	13:30 – 18:00	Men Individual Kata	Semi finals
		Women Team Kata	Semi finals
		Women Kumite -68 kg	Semi finals
		Women Kumite +68 kg	Semi finals
		Men Kumite -84 kg	Semi finals
		Men Kumite +84 kg	Semi finals
		Men Individual Kata	3th and 4th place
		Men Individual Kata	Final
		Women Team Kata	3th and 4th place
		Women Team Kata	Final
		Women Kumite -68 kg	3th and 4th place
		Women Kumite -68 kg	Final
		Women Kumite +68 kg	3th and 4th place
		Women Kumite +68 kg	Final
		Men Kumite -84 kg	3th and 4th place
		Men Kumite -84 kg	Final
		Men Kumite +84 kg	3th and 4th place
		Men Kumite +84 kg	Final

## 8. EQUIPMENT

**8.1** All equipment to be used in karate competitions must be the approved ones in the WKF list.

## 9. CLOTHING

**9.1** International Technical Officials (ITO): Referees and Judges must wear the official uniform according the WKF rules.

**9.2** Athletes: Must wear clothes according to WKF Rules.

**9.3** Team Officials (coaches): During the elimination rounds, they must wear the official tracksuits of their National Olympic Committees. In the semi-finals and finals, male coaches must wear dark suits, shirts and ties. Female coaches can wear a dark color outfit consisting of a dress, a trouser-jacket suit or a jacket-skirt combination. Female coaches can also wear headscarves approved by WKF for referees.

## **10. MEDALS, CERTIFICATES AND AWARD CEREMONY**

**10.1** Medal ceremonies will be held immediately after the end of each competition final.

**10.2** Winners will wear ceremonial tracksuits or the official uniforms of the National Olympic Committees.

**10.3** One Gold, one Silver and two Bronze medals will be awarded in each category.

**10.4** Athletes between the fourth and eighth places will be awarded certificates.